Course Name – POST GRADUATE DIPLOMA IN INDUSTRIAL PSYCHOLOGY (COURSE NO 91)

Course Duration – 12 months / One year / 24 credits / Maximum 14 Modules

Course Mode – Online / Downloadable & Reusable Materials / Guide Assisted

Course Structure – 24cr / 15credit compulsory + 9credit optional (as per learners' selection)

Eligibility – 10+2+3 Years or 10+2+3 Years + 2 Years

## COMPULSORY MODULES - 15 CREDITS / 6 MODULES

IND01 – Abnormal Psychology – 3 credits / 45 days learning	Understanding Mental Health Issues
IND02 – Industrial Psychology – 3 credits / 45 days learning	Theories and factors related to Criminal Behaviour.
IND03 – Workplace Mental Health Issues – 3 credits / 45 days of learning	Learning about all the issues that either happen at a workplace or disturb work productivity
IND04 – Coaching, Mentoring and Counselling – 3 credits / 45 days of learning	Learning coaching, mentoring, and counselling skills and their application in solving workplace issues
PGD05 - Pragmatism - 1 credit / 15 days of case work	15 cases will be solved using all the techniques, skills, therapies, and exercises learnt throughout the course.

## OPTIONAL MODULES - CHOOSE FIVE TO EIGHT MODULES FROM THE BELOW LIST TOTALLING 9 CREDITS

PSY997 - Psychology – 2 credits/ 30 days of learning	Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,	
IND08 – Employees & High Emotional Intelligence – 2 credits	IND13 –Personality and Intelligence at Work – 2 credits / 30 days of learning	IND18 - Interpersonal Skills at Work — 2 credits / 30 days
IND09 –Managing Distractions at Work – 2 credits / 30 days	IND14 – Critical Thinking, Problem Solving & Decision Making – 2 credits	IND19 – Managing Counter- Productive Work Behaviours – 2credits
IND10 – Coaching Strategies & Techniques – 2 credits / 30 days	IND15 –Motivational Interviewing Skills – 1 credits / 15 days of learning	IND20 – Psychology of Attention - 1 credit / 15 days of learning
IND11 – Stress Management Techniques – 2credits / 30 days	IND16 – Understanding Emotions – 1 credit / 30 days of learning	IND21 – Psychology of Motivation – 1 credit / 15 days of learning
IND12– Counselling Process & Skills – 2 credits / 30 days of learning	IND17 – Stress Management Techniques – 2 credits / 30 days	IND22 – Skills for Human Relationship Empowerment – 2 credits / 30 days
Course Fee	Learners from India	Learners from other countries
Life Member of IHMH	Rs. 11, 300	\$400
Others	Rs. 12, 800	\$460

For Admissions - To Know about Course details and Commencement dates Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.co

For other course details and course FAQ's visit relevant course page at our website <a href="https://www.imh.in">www.imh.in</a> – <a href="https://www.psychologyonline.in">www.psychologyonline.in</a>